

From: [The Vasbys](#)
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Lincoln High Newsletter

Full moons and craziness:

My hubby and I headed to Milwaukee this past Thursday (two days before full moon) for the last four Brewers' home games.

We saw more dumb moves by people driving on the interstate than I care to think about.

I work in the OB department at Sauk Prairie Memorial Hospital. Every month at full moon we get very busy with new babies.

We probably deliver twice as many babies in the few days around full moon than we do the rest of the month.

When my late husband was in a care facility for Alzheimer's, every month around the full moon the residents would become very agitated, restless and very difficult to handle. The caregivers always hated the week of full moon.

Jean (Dykstra) Kruchten jeankruchten1054@yahoo.com

Bugs or the lack of bugs I should say. Seems that the Asian Beetles, at least around us, are no where to be found including up at our trailers. And the lack of bees, hornets, wasps and all sorts of stinging bugs, missing in action. If you have any of the above keep them with you. But the lack of these bugs including flies is very noticeable.

Have not had a flu shot in years and don't plan on one. I read too many medical articles about their hazards. Have not considered other vaccines yet.

Norm Arendt njarendt@tds.net

Don Solie dg.solie@hotmail.com writes:

- Bugs!** Bed bugs & stink bugs are in the news. And Asian beetles and box-elder bugs are set to move into the house for the winter here in Cambridge. What's bugging you? **THE KENYAN AND THE ELITIST SOCIALISTS SUPPORTING HIM.**
- The Golden Years.** Editor finds himself on "auto-pilot" from time to time, ending up in the kitchen or living room and wondering what I came here for? What are your "golden year" symptoms? **I WAS FITTED WITH TWO HEARING AIDS TODAY! AGING, TOO MUCH FLYING, AND SERVING WHILE SUBJECTED TO 5 INCH CANNON FIRE DURING SPECIAL OPS WITH THE NAVY ARE THE SUGGESTED CAUSES.**
- Full moons & craziness.** Have you noticed that the full moon brings on a certain amount of lunacy? One nursing home nurse says that all the staff tries to get out of working during the full moon. Your experiences with the full moon? **GUESS I'M NOT VERY OBSERVANT AS I HAVE NOTICED NOTHING.**

4. How does everyone feel about the **Packers this year??** **THEY'RE DOING A HELL OF ALOT BETTER THAN THE COWBOYS, BUT MAYBE WE'LL PLAY THE #%\$*ED UP GIANTS EVERY WEEK, NOW THAT WOULD MAKE US HEALTHY.**

5. **Flu Shots** - Are you going to get one? Ed note: I'd also ask how many have gotten vaccinations against Shingles and bacterial Pneumonia? I got the pneumonia shot, and am strongly considering the shingles vaccine. My dad had shingles and it wasn't pleasant! **I'VE HAD BOTH THE SHINGLES VACINE AND THE PNEUMONIA SHOT. ONCE YOU GET TO 65 I'M TOLD ONE SHOT LASTS A LIFETIME! I HAVEN'T HAD A FLU SHOT FOR DOUBLE DIGIT YEARS BECAUSE I SWEAR I GOT THE FLU THE ONE AND ONLY TIME I RECEIVED THE VACINE. MY INTERNIST STRONGLY ENCOURAGES ME TO GET THE FLU SHOT BECAUSE OF MY WEEKLY TRAVEL ANYWHERE IN THE CONTINENTAL US. I MAY GIVE IN THIS YEAR.**

Two weeks ago my wife and I had all of our needed immunizations. For us this year, it was the Trivalent Flu shot, TdaP (tetanus, diphtheria, and pertussis (whooping cough)) and Zoster (shingles). This was \$630 worth of medication and fully covered by our insurance. For your information, here are the links to two different set of recommendations:

<http://www.immunize.org/catg.d/p4030.pdf>

<http://www.immunize.org/catg.d/p4036.pdf>

Lynn DeLong ledelong@cox.net

Gene Hafermann genehafermann@charter.net writes:

Bugs! Bed bugs & stink bugs are in the news. And Asian beetles and box-elder bugs are set to move into the house for the winter here in Cambridge. What's bugging you?

Don't have any bug problems this year (as far as I know), but ringworm has flared up again.

2. **The Golden Years.** Editor finds himself on "auto-pilot" from time to time, ending up in the kitchen or living room and wondering what I came here for? What are your "golden year" symptoms?

GRH: I mostly notice "senior moments" in my typing. When I reread something I typed, somehow my fingers didn't do what my brain thought they were doing. But that's what makes computers wonderful as you can easily edit before sending. Not true with speaking. And the other issue is the need for reading glasses that I have to use when doing carpentry now, too. That is very frustrating. Otherwise, the Silver Years have been pretty nice so far.

3. **Full moons & craziness.** Have you noticed that the full moon brings on a certain amount of lunacy? One nursing home nurse says that all the staff tries to get out of working during the full moon. Your experiences with the full moon?

GRH: I love the full moons and haven't experienced anything weird during those times.

4. How does everyone feel about the **Packers this year??**

GRH: Fun to watch the passing game, but they will not make the Super Bowl. Everyone would need to stay healthy and that isn't happening. Not enough depth in the secondary and at running back. Offensive tackles too old. And, of course, way too many mental errors being made.

5. **Flu Shots** - Are you going to get one? Ed note: I'd also ask how many have gotten vaccinations against Shingles and bacterial Pneumonia? I got the pneumonia shot, and am strongly considering the shingles vaccine. My dad had shingles and it wasn't pleasant!

GRH: Always get one and haven't had the flu since I started getting the shots. Don't know whether that means the

shots have prevented it or not, but as long as they don't bother me and I haven't gotten the flu, I will keep getting them. My wife has had Shingles and has gotten that shot. Whatever works.

Old Farmer's Advice

Your fences need to be horse-high, pig-tight and bull-strong.

Keep skunks and bankers at a distance.

Life is simpler when you plow around the stump.

A bumble bee is considerably faster than a John Deere tractor.

Words that soak into your ears are whispered.....not yelled.

Meanness don't just happen overnight.

Forgive your enemies; it messes up their heads.

Do not corner something that you know is meaner than you.

It don't take a very big person to carry a grudge.

You cannot unsay a cruel word.

Every path has a few puddles.

When you wallow with pigs, expect to get dirty.

The best sermons are lived, not preached.

Most of the stuff people worry about, ain't never gonna happen anyway.

Don 't judge folks by their relatives.

Remember that silence is sometimes the best answer.

Live a good and honorable life, then when you get older and think back, you'll enjoy it a second time.

Don 't interfere with somethin' that ain't bothering you none.

Timing has a lot to do with the outcome of a rain dance.

If you find yourself in a hole, the first thing to do is stop diggin'.

Sometimes you get, and sometimes you get got.

The biggest troublemaker you'll probably ever have to deal with, watches you from the mirror every mornin'.

Always drink upstream from the herd.

Good judgment comes from experience, and a lotta that comes from bad judgment.

Lettin' the cat outta the bag is a whole lot easier than puttin' it back in.

If you get to thinkin' you're a person of some influence, try orderin' somebody else's dog around.

Live simply, love generously, care deeply, speak kindly, and leave the rest to God.

Don't pick a fight with an old man. If he is too old to fight, he'll just kill you.

Editorial:

If you're not already getting your TV from Cable or Satellite, it might be a good time to do so! By doing so, you can escape from the "local" campaign ads that will be inundating the airwaves for the next 33 days!

The Republicans **are** running on "what they didn't do" while the Dems **aren't** running on "what they did".

Sooo, it will probably boil down to personal attack ads on both sides. Will probably get real nasty.

If you have cable, you can watch a TCM movie <http://www.tcm.com/index.jsp> instead!