

From: [The Vasbys](#)
To: [i](#)
Subject: Lincoln High Newsletter - 9/22/11 - Part one
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Lincoln High Newsletter

This week's topics:

1. **Polyester** - anyone still have a polyester suit? Guess they never wrinkled.
2. **Couponing** - anyone out there getting real deals? Free groceries?
3. **Badgers** played at Soldier Field in Chicago this past Saturday. Anyone attend? Your thoughts about playing in the "Home of the Bears."
4. Whatever happened to **independent gas stations**?
5. **Electronic books**. Do you enjoy reading a book on a "computer"? Or do you prefer a "hard" copy?
6. **Marching in the military**. Your memories. Editor's CO had me lead a "march" on the outdoor basketball court when I was stationed on top of a mountain at a radar site in California. I thought he was carrying this "military thing" too far.
7. **Dietary supplements**. Care to recommend any that you feel are any good and that have improved your health?
8. **Wild mushrooms**. Anyone still living gather and eat them? Editor has a small "puffball" growing in the backyard. I've heard that they're edible but have never chanced it. Editor's son-in-law gathers Morels in the spring and sells them for \$15/lb.
9. **Packers** won today, but sure looked a little shaky. Your thoughts?
10. **Memories of bakeries in the Rapids**.

and responses:

Hi Kent,

Electronic Books: Haven't tried books yet but did get a trial subscription to our daily newspaper. Hated it!!

Bakeries: "Lunch" nearly every day of high school was a sugar donut and a chocolate milk from the bakery near the high school.

Jack Sultze jsultze@response-envelope.com

Donna Rehmann zakons@comcast.net writes:

Yup....I love my Kindle....

They have closed all the so called "book stores" in and around here. Barnes and Nobles closed here, maybe 2 years ago, in the town next to us, and that was the founding town of Barnes and Nobles....It was a nice store also. Then 2 months ago, they closed the Borders Book Store in that same town....Now we have zero book stores, except for the few books at Target.

I broke down and bought a 3rd generation Kindle about 1 month ago. I love it. I didn't think I would, but I really don't miss the hard cover books at all... I can load 3,500 books on my Kindle. I read reviews on Kindle and The Nook. And the Kindle won out. I mainly bought it for books, not for magazines or newspapers, because the reviews aren't great for those so far.

I am reading more, and usually use it almost every day. I love biographies. I just finished the Dick Van Dyke biography, he just released. A very good read. (So was The Help, Jaycee Dugard Story, Rob Lowes autobiography.)

With this Kindle, **I can sit in my livingroom, and review books, and buy books, games etc.** I won't buy a book, unless I read most of the reviews people have made on the book.... Allot of the books are free or even 99 cents. I get an email everyday of all the free books for Kindle. Just click **BUY** and it is loaded onto my Kindle as soon as I turn it back on, if it is off at the time. (I can **buy....** directly from my Kindle **OR** on the Amazon site.) Newer releases are usually more money, but they do have daily specials on those also.

I also love all the other programs, I can get for it, like Notepad, Calanders, Sticky Notes.. I do have a cover for it, just to protect the screen, and it is just like holding a regular book. (Also a light to use at night time.)

I knew I would be one of the last people to buy an e-book, one of the last holdouts. but, I would not give it up because I really do enjoy it. I do think, the new Jackie Kennedy book, would be better in hard copy because of all the extra pictures, and CD.

I took my Kindle to the Nascar Race today, since they were calling for rain... So I sat in the car reading my Kindle to pass the time, and also people watched. (As of this minute, the race was still rained out. We left the track around 3 p.m.)

I might add, I had a problem with one thing on the Kindle...I called customer service and they are great.... 5* treatment. This young man emailed solutions all day and late at night. Plus phone calls to get the problem fixed. He finally gave me 4 solutions I could try, because everything I did was done correctly. I chose one of his solutions, and it fixed the problem in less than 30 seconds. The calendar didn't load right the first time, so one function on the calendar did not work right. Anytime I had a question, they explained it so an average person could understand. Think they have 7 day 24 hour customer service....

I am still learning about the Kindle, there are so many things you can do with it. (I might add , that I bought mine at Target)

I really don't miss "holding" a hard copy book, like I thought I would, which surprises me. I just close it, and it comes back to the page I left off at. I either close it up, and it goes to sleep, or I manually shut it off... I LOVE my Kindle !!

Donna Rehman

Kay Vande Loo rkvdl@charter.net writes:

When I was a young mother polyester was a lifesaver; wash, dry and wear. There was only one problem with polyester – it looked the same right side out as it did inside out. One day at work in mid-afternoon, I happened to look down and the sewn-in seam was missing. I went into the bathroom for a better look and not only did I have my slacks on backwards I had them on inside out. Now polyester is back, except they call it “moisture wicking”. Rename it, refine it and magically it’s back.

Packers? I don’t care how they looked. I just care that they won.

Hey Kent,

Concerning the topic about independently owned gas stations. We were recently in Duluth for a few days and drove to Cloquet to have lunch at a place we saw on Diners, Drive Ins and Dives and stopped at this service station. It is the only fully operating "service station" designed by Frank Lloyd Wright. And it is a "full service" facility. We were surprised when Jim got out with the intention of pumping gas and the fellow came out of one of the service bays to do it for us. And the gas was not more expensive than other places. The station itself was quite unique and he had three service bays with vehicles in all three having work done. Something you don't see much any more.



Love the topics and questions every week.....Jim and Bonnie Weber thewebs@wctc.net

This recipe was entered and accepted, in the First Flight 93 Memorial Chapel Cookbook, in my mothers memory. Donna

**If you have a chance bring up <http://www.flight93memorialchapel.org/f93mccf/Home.html> , and read about the personal lives of each person on Flight 93.. (Our Heroes)
....very touching.**

Don & Donna Rehman (65) zakons@comcast.net
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Grandma Rose's Chicken/Gizzard Loaf (A great spread served on crackers)

(Makes 2 appetizer tin foil loaves **OR** a fancy jello mold)

I sometimes cut the recipe in half to make one loaf, or if I make the full recipe, I sometimes give one loaf to a friend if we don't need the full recipe.

4 cups cooked chicken gizzards- ,(I usually use 2 - 1 # pkgs of gibbllets)
(**boil the gizzards with water, and add a couple bay leaves, a few whole allspice, 1 Tbl diced onions.....**)
Boil until the gizzards are tender.

Strain the broth and gizzards.

Keep the broth...DO NOT toss the broth...Will be used later....
Let it cool down a bit.

Chop the cooked chicken gizzards in a food chopper . In small pieces, **but not** real fine. (**Toss out** the bay leaves, allspice and diced cooked onions at this point)
(I use just the small electric food chopper. This works better than the hand chopper with the gizzards.)

1 cup chopped onions -...
8 Hard boiled eggs- ...chopped
3 tsp dry mustard
1 1/2 tsp. accent
2 tsp. garlic powder
1/2 cup raw celery, ...chopped
1/2 cup fresh parsley- ...chopped ...(I also use whole pieces of parsley as a decoration around the serving plate)
3 cups **REAL** mayonnaise..no other will do...(Do not use Miracle Whip in this recipe.)

(The onions, eggs, celery and parsley are chopped , but again not real fine..I use the hand chopper for these...so they are in small but not tiny pieces .)

2 Tbl. **plain gelatin**-sprinkle over 1/2 cup cold water.. Let stand 10 minutes.

Take 2 cups **chicken stock** (use the broth from the gizzards)
add 2 Tbl. **chicken base**
Heat chicken stock-

Then add the gelatin-mixture.
Salt and pepper to taste.

Let mixture cool down a bit.

Now add remaining ingredients: chopped hard boiled eggs, dry mustard, accent , garlic powder, raw celery, fresh parsley, mayonnaise. stir gently.

Pour into oiled fancy taller jello mold or loaf pans. (I use Pam)
(I have used the taller fancy jello mold, or sometimes, I buy the tin foil loaf pans)

(When cooled down. Cover with plastic wrap.)

Set in refrigerator overnight.

Makes 2 tin foil loaf pans. Cut recipe in half for 1 mold.

The next day, I loosen the sides with a knife and then gently flip the pan over on a nice serving plate.
(I actually set the serving plate upside down and then flip it over onto the fancy plate.)
You can dress up the plate with parsley around the base of the spread/mold.

Serve with crackers.

We have had this every Christmas since I was a little girl.

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I watched and helped my mother make this since I was a little child. And now I continue the tradition.
You can't stop eating it...Just the combination of the vegetables and everything else..
Once someone tastes it they are hooked !!!! It sounds like allot of work, but really it isn't.

...If you make the 2 loaves...take one to a friend...with a box crackers , of course.

5 stars *****

Enjoy!!!

So Much for Green Energy in the Rapids

A Wisconsin Rapids firm that sought to open a factory to make wind turbine blades will be sold after the project didn't pan out.

Shareholders of Energy Composites Corp. will meet next month to consider a proposal to sell the publicly traded company back to its co-founders.

The wind factory was proposed at a time when the state was considering a big increase in renewable energy, and was studying the possibility of erecting wind farms in Lake Michigan.

But plans to expand renewable energy development in Wisconsin stalled last year when the Legislature did not pass a bill expanding Wisconsin's renewable energy targets.

The administration of former Gov. Jim Doyle had sought to expand the state's reliance on renewable energy, while the administration of Gov. Scott Walker is seeking what it terms - a more balanced approach to energy that would call for less focus on emerging energy technologies like wind power.

Energy Composites said in filings with the U.S. Securities and Exchange Commission that it is seeking to sell its principal operating business, ECC Corrosion Inc., back to company founder Jamie Mancl and his wife, Jennifer Mancl, in exchange for their share in the publicly held company.

"This would allow the company to acquire another business operation, which hopefully will have a greater potential for profitability," Energy Composites said in its filing.

The Mancls have a 52.5% stake in Energy Composites Corp., according to a securities filing on Friday.

The company's board of directors has endorsed the sale, which will be considered by Energy Composites shareholders on Oct. 12.

ECC Corrosion would continue operating the company's primary business, which has been the production of fiberglass products and installation of tanks and piping systems for the paper and chemical industries. It also services and repairs tanks used in paper mills. It was a key contractor for work done by Port Edwards-based ERCO Worldwide, Wisconsin's largest source of mercury emissions, to change its manufacturing process to eliminate mercury pollution.

The company sought to tap its experience working with composite materials to expand into renewable energy and launch production of wind tower blades. The state Legislature was considering a bill that would have required 25% of Wisconsin's electricity to come from renewable sources, including 10% from within the state limits, by 2025.

Such a requirement was believed by utility and energy experts to spur development of clean-energy projects within the state, including the possibility of a wind farm in Lake Michigan.

To help the company proceed with the project, the city of Wisconsin Rapids sold land for the building to Energy Composites in April 2010. But the company was unable to proceed with the project and sold the 94-acre parcel back to Wisconsin Rapids in April, for the same value.

In a recent quarterly filing, Energy Composites reported sales in the first six months of \$2.2 million, down from \$2.8 million last year. Its net loss through six months was \$2.25 million, slightly larger than its loss of \$2.23 million in the first half of 2010.

The company lost \$6 million in 2009 and another \$4.9 million in 2010.

If the sale does not proceed, the company said it "may be required to file for bankruptcy protection," Energy Composites said in a filing with securities regulators.

The company's shares, traded over-the-counter, closed Friday at 40 cents.

Following the sale, the publicly traded company would change its name to Trailblazer Resources Inc., the filing said.

Jack Sultze jsultze@response-envelope.com sends the following:

IN MEMORIAM

Today we mourn the passing of a beloved old friend, Common Sense , who has been with us for many years.

No one knows for sure how old he was, since his birth records were long ago lost in bureaucratic red tape.

He will be remembered as having cultivated such valuable lessons as:

- Knowing when to come in out of the rain;
- Why the early bird gets the worm;
- Life isn't always fair; and
- Maybe it was my fault.

Common Sense lived by simple, sound financial policies (don't spend more than you can earn) and reliable strategies (adults, not children, are in charge).

His health began to deteriorate rapidly when well-intentioned but overbearing regulations were set in place.

Reports of a 6-year-old boy charged with sexual harassment for kissing a classmate; teens suspended from school for using mouthwash after lunch; and a teacher fired for reprimanding an unruly student, only worsened his condition.

Common Sense lost ground when parents attacked teachers for doing the job that they themselves had failed to do in disciplining their unruly children.

It declined even further when schools were required to get parental consent to administer sun lotion or an aspirin to a student; but could not inform parents when a student became pregnant and wanted to have an abortion.

Common Sense lost the will to live as the churches became businesses; and criminals received better treatment than their victims.

Common Sense took a beating when you couldn't defend yourself from a burglar in your own home and the burglar could sue you for assault.

Common Sense finally gave up the will to live, after a woman failed to realize that a steaming cup of coffee was hot. She spilled a little in her lap, and was promptly awarded a huge settlement.

Common Sense was preceded in death, by his parents, Truth and Trust, by his wife, Discretion, by his daughter, Responsibility, and by his son, Reason.

He is survived by his 4 stepbrothers;

I Know My Rights

I Want It Now

Someone Else Is To Blame

I'm A Victim