From: The Vasbys

To: Nancy (Sabota) Timm

Subject: Lincoln High Newsletter - 11/3/05 **Date:** Thursday, November 3, 2005 7:11:27 PM

Lincoln High Newsletter

Memories of then! News of now!



Editor's note:

A beautiful Autumn in Wisconsin. Took this picture of a maple tree at our home in Cambridge this afternoon.

Colors are really intense this year! Almost flourescent.

No one sent anything this week, so you just get a pic.

Kent

I don't know if I ever put this in the newsletter before. Some people say that I am **damn lazy**, but the truth is I have perfected the **Science of Rationing Consciousness.**

-Gary Flaminio

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Wisdom of a Sadhu

Sundar Singh (1889-1929)

Both water and oil come from the earth. And though they are similar in many ways, they are opposites in their nature and their purpose. One extinguishes fire, the other gives fuel to the fire. Similarly, the world and its treasures are creations of God along with the soul and its thirst for spiritual truth. But if we try to quench the thirst of our soul with the wealth and pride and honors of this world, then it is like trying to extinguish fire with oil. The soul will only find peace and contentment in the One who created it along with its longing. When we turn to the living Master, we receive water that satisfies our soul. This water is a well of spiritual life that springs up deep within us.

Source: "Wisdom of the Sadhu: Teachings of Sundar Singh" (Plough, 2000)