From: The Vasbys

To: Nancy (Sabota) Timm

Subject: Lincoln High Newsletter - 6/15/06

Date: Thursday, June 15, 2006 1:18:30 PM



Address changes:

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Children's Choice closes

Students, staff, parents gather for farewell

Daily Tribune Staff

GRAND RAPIDS -- It's over.

Children's Choice Elementary School closed for good Thursday.

Since September 2004, talk had continued about the possibility of the school closing. Then on Dec. 12, the Wisconsin Rapids School Board decided to shut down the school in Grand Rapids to deal with the district's budget shortfalls.

"We are going to be OK," Choice Principal Tim Bruns said Thursday, choking back tears as he addressed those gathered at the Children's Choice final, year-end slide show.

Before the slide show started, the school band played "To a New Beginning," followed by the band and the school orchestra playing together, for the first and last time ever, a song called, "Farewell to Choice."

"There have already been a lot of tears this morning," librarian aid Yvonne Bujanowski said, as she waited for the show to start.

Following the band and the orchestra, the slide show began.

Two students, a sixth- and a fifth-grader, took many of the pictures for the roughly 40-minute slide show.

With the musical help of, among others, a seal and a frog -- a song by musical artist Seal and Kermit the Frog -- tears began to flow immediately. During the quieter moments in the music, sniffles could be heard through the gym. Following the show, hugs and embraces began in earnest.

Bruns addressed the crowd one more time before the students had their final lunch period together.

Since the Choice students will be spread throughout the district at different schools, any time a student sees another from Choice they should signal to each other, Bruns instructed.

"Show the No. 1," he said, with his index finger held high. "You're special. You're Choice kids."

Editor's note: If you get a chance, watch "Iran - the next Iraq?" on the History channel! Very insightful and a good history of the region! "For over 25 years, "Death to America" has been the rallying cry of the Iranian government, but it's only recently that the threat has become chillingly real and the Islamic Republic of Iran has emerged as perhaps the most clear and present danger to American security. This special will explore the once proud military tradition of Iran, its recent decline in power, and the country's struggle to gain a place among the world's super powers. We will also examine evidence that shows Iran is secretly pursuing a nuclear weapon and just may intend to use it on the United States or its allies."

It will air again on the History Channel at 10:00 PM CDT tomorrow - Friday, June 16th. Well worth watching!

Kent

Thought maybe you could include this in the next newsletter. Susan

http://oldfortyfives.com/TakeMeBackToTheFifties.htm

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Please read. I don't usually send one this long, but I think you will feel it is worth it !!!!

Gary Flaminio (65) g.flaminio@verizon.net

A lecturer, when explaining stress management to an audience, raised a glass of water and asked, "How heavy is this glass of water?"

Answers called out ranged from 20g to 500g.

The lecturer replied, "The absolute weight doesn't matter. It depends on how long you try to hold it.

If I hold it for a minute, that's not a problem.

If I hold it for an hour, I'll have an ache in my right arm.

If I hold it for a day, you'll have to call an ambulance.

In each case, it's the same weight, but the longer I hold it, the heavier it becomes."

He continued, "And that's the way it is with stress management.

If we carry our burdens all the time, sooner or later, as the burden becomes increasingly heavy, we won't be able to carry on "

"As with the glass of water, you have to put it down for a while and rest before holding it again.

When we're refreshed, we can carry on with the burden."

"So, before you return home tonight, put the burden of work down. Don't carry it home. You can pick it up tomorrow. Whatever burdens you're carrying now, Let them down for a moment if you can."

So, my friend, why not take a while to just simply RELAX. Put down anything that may be a burden to you right now. Don't pick it up again until after you've rested a while.

Life is short. Enjoy it!

Here are some great ways of dealing with the burdens of life:

- * Accept that some days you're the pigeon, and some days you're the statue.
- * Always keep your words soft and sweet, just in case you have to eat them.
- * Always read stuff that will make you look good if you die in the middle of it.
- * Drive carefully. It's not only cars that can be recalled by their maker.
- * If you can't be kind, at least have the decency to be vague.
- * If you lend someone \$20 and never see that person again, it was probably worth it
- * It may be that your sole purpose in life is simply to serve as a warning to others.
- * Never put both feet in your mouth at the same time, because then you won't have a leg to stand on.
- * Nobody cares if you can't dance well. Just get up and dance.
- * Since it's the early worm that gets eaten by the bird, sleep late.
- * The second mouse gets the cheese.
- * When everything's coming your way, you're in the wrong lane.
- * Birthdays are good for you. The more you have, the longer you live.
- * You may be only one person in the world, but you may also be the world to one person.
- * Some mistakes are too much fun to only make once.
- * We could learn a lot from crayons...Some are sharp, some are pretty and some are dull. Some have weird names, and all are different colors, but they all have to live in the same box.
- *A truly happy person is one who can enjoy the scenery on a detour.

Have an awesome day and know that someone has thought about you today....... I did.