From: The Vasbys
To: Bill & Shirley (Black) Hartley
Subject: Lincoln High Newsletter - 3/26/20
Date: Thursday, March 26, 2020 5:20:18 PM

This week's topics:

1. So, how are you dealing with "sheltering in place"? Bored? Going crazy? What? What's your daily routine?
2. Any friends or relatives get hit with the virus? How are they doing?

3. How about our Newsletter readers who are Veterans, submit a short resume of their time in service? Branch, time in, rank or rate, or both, countries visited, campaigns, service related organisations, or whatever else they have to say.

4. Anything else you'd care to write about.

and responses:

Terry Stake - mrtbass7106@gmail.com

I am watching lots of movies. Reading the Bible more. I am very bored and ready for this time to end. I am letting my hair and beard grow until sports returns.

Bob Schmidt - 2803chopper@gmail.com

Pre Virus: Wake up at 4:00a.m., work out, then power walk four miles, have breakfast, later, head out to the desert and hike, 5:00 p.m. drink....Post Virus: Wake up at 4:00 a.m., work out, then power walk four miles, have breakfast, later, head out to the desert and hike, 5:00 p.m. drink.

Roger Fritz - LHS 65 - fritzcat11@yahoo.com

The biggest difference the virus has caused here is the loss of the missing weekly milestones such as church on Sunday, my wife's MWF swimming at the Y, my Thursday breakfast with the local "boys". All seven days look alike. Spring weather is here in Virginia so we are getting lots of yard work and other delayed / deferred projects completed.

How is the LHS 55th reunion coming along? Hope the virus won't be a factor. We will be in Rapids regardless to see as many relatives and old friends as possible. Also I'm hoping to trek up to North Dokota. It and Hawaii are the only two states we have not visited in all our travels.

Jim Nickel (‘65) - jnickel206@aol.com

Hope you guys are holding up well under these conditions also. We prepared like we do for a March blizzard. The freezer has good things and we will make it a few weeks without going to the store, even if it means peanut butter toast for dinner.

No one we know has the virus in Hayward, but some nearby have been diagnosed. With the return of the snow birds, we are sure to get more cases.

We miss the social interaction most. Everything is cancelled and gathering places are closed. I started an on-line 25 lecture course from Hillsdale College which is interesting.

The economic damage this has already done is immense. Short term and long term effects will be bad for many. I cannot even imagine what the 401k statement will look like at the end of March. We can only hope that this too will pass and people can get back to a more normal life.

Like many things, you appreciate them more when they are gone.

Dick Trudeau LHS '64 - dickmerry77@hotmail.com

HOW ARE WE DEALING WITH "SHELTERING IN PLACE"? -- Quite nicely. Being forced to stay away from traffic, shopping, and frantic people is a blessing. No more excuses for not getting things done around the house. Merry and I have been loading up the ATV and the dog and heading for the high desert country for the day. The wild flowers are starting to bloom and the wildlife is free of any life-threatening viruses.

ANYTHING ELSE YOU'D CARE TO WRITE ABOUT -- I've always been envious of health care professionals, particularly doctors and nurses. What livelihood could be more satisfying than saving lives and relieving pain. Suddenly the rules have changed. No longer is a doctor or nurse just a valued part of society. They are the equal of any soldier who has done battle with the enemy. The difference is they are putting their lives on the line fighting an invisible heartless foe that is trying to kill us all. I wish I could knock on the door of a hospital and offer to help, but I would just be getting in the way. The best we can do is to avoid getting sick and putting our health care WARRIORS at even greater risk.

Lenore Haferman - lenorehaferman@yahoo.com

Hi, I feel like I am getting older by the week, not the day. I play the real Mah Jongg on line, and my cupboards have never been so clean. I watch a lot of TV, and make myself exercise.

Don Wylie - donwylie2@gmail.com

Lockdown - By Richard Hendrick - March 13th 2020

Yes there is fear.
Yes there is isolation.
Yes there is panic buying.
Yes there is sickness.
Yes there is even death.

But,
They say that in Wuhan after so many years of noise
You can hear the birds again.
They say that after just a few weeks of quiet
The sky is no longer thick with fumes
But blue and grey and clear.

They say that in the streets of Assisi
People are singing to each other
across the empty squares,
keeping their windows open
so that those who are alone
may hear the sounds of family around them.

They say that a hotel in the West of Ireland
Is offering free meals and delivery to the housebound.
Today a young woman I know
is busy spreading fliers with her number
through the neighborhood
So that the elders may have someone to call on.
Today Churches, Synagogues, Mosques and Temples
are preparing to welcome
and shelter the homeless, the sick, the weary

All over the world people are slowing down and reflecting
All over the world people are looking at their neighbors in a new way
All over the world people are waking up to a new reality
To how big we really are.
To how little control we really have.
To what really matters.

To Love.
So we pray and we remember that
Yes there is fear.
But there does not have to be hate.

Yes there is isolation.
But there does not have to be loneliness.
Yes there is panic buying.
But there does not have to be meanness.
Yes there is sickness.
But there does not have to be disease of the soul
Yes there is even death.
But there can always be a rebirth of love.
Wake to the choices you make as to how to live now.
Today, breathe.
Listen, behind the factory noises of your panic
The birds are singing again
The sky is clearing,
Spring is coming,

And we are always encompassed by Love.
Open the windows of your soul
And though you may not be able
to touch across the empty square,
Sing.

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And these pieces sent to a teacher.

From a parent: "I have been teaching my kids for only a couple of hours and one is suspended and the other expelled!" And the new word to describe alcoholic beverages during these surreal times is "Quarantini's"

Linda Edwards - ledwards6112@hotmail.com

So far, things are going well. I'm on crutches for at least three more weeks so this is good timing. Torn Achilles tendon and a bad bone bruise with it. Reading, doing crossword puzzles, watching lots of Natgeo. My daughter is a nurse and will be working in the Covid unit starting Saturday. 12-hour shift, 2 with patients, 1 out, for the entire shift. She said she feels safer having the PPE (personal protective equipment) rather than be on the general floor without it. Hope it's safe for her. Stay well, friends. This will pass. Let your faith support you.

June Stuhr LHS '64 - jstuhr@me.com

1. So, how are you dealing with "sheltering in place"? - I'm reading; writing; cooking & probably eating more than usual; walking a lot; exercising; chatting with friends (last night I used ZOOM technology to 'attend' a book club meeting); listening to music; getting some work done; cleaning (only when necessary); watching reruns of "Northern Exposure". I'm looking forward to biking and gardening. I am so delighted by the way people in our neighborhood continue to connect in interesting and creative ways. They schedule sing-a-longs (people stand on his/her own doorstep, being mindful of social distancing), put toys by the sidewalk so children can 'discover' them and take the toys home, decorate their front windows, put teddy bears in their windows. They put food instead of books in their

Little Free Libraries. There's a lot to celebrate in the spirit I see 'out there'.

Watch "We're All Home Bound- the Corona Virus song" on YouTube

https://youtu.be/k0ci5EYb9qA