From: The Vasbys
To: Bill & Shirley (Black) Hartley
Subject: Lincoln High Newsletter - 6/18/20
Date: Thursday, June 18, 2020 5:15:59 PM

In better days!

This week's topics:

1. Methinks thou dost protest too much? Millennials have nothing better to do?

2. Communicating with a mask on? Hard to speak & understand? Hard to breathe?

3. Health tips that work for you!

4. Back pain. MD or chiropractor?

5. What's annoying you?

6. Encountered any shortages because of COVID? What?

7. Guys, what was your first gun?

8. Electrolux and canister vac memories.

9 Have you ever interacted with blacks? How.

10. Whatever else.

and responses:

Norm Arendt - normarendt@gmail.com

2. Communicating with a mask on? Hard to speak & understand? Hard to breathe? Mask interferes with breathing and can cause a person to inhale their exhaled breath resulting in inhaling Carbon Dioxide at dangerous levels. Several car crashes have been caused by this as well as persons passing out in public wearing masks. I am a shallow breather which means I can not wear a mask. Hard for some stores to understand this. Lots of information on problems from Dr. Blaylock see https://www.sciencetimes.com/articles/25713/20200518/wearing-face-masks-potentially-harmful-trap-exhaled-viruses-well-individuals.htm

4. Back pain. MD or chiropractor? Have had back pain since hit by car snow blowing in my own driveway. Tried everything for a cure since surgery can not fix it per Dr. Zdeblick at the UW Spine Clinic. Some days worse then others. Chiros will not touch it due to physical damage and risk of further damage. MDs just provide pain medication as needed. Over the years have tried many different techniques to ease the pain but nothing really works for the amount of physical damage I have.

Chuck Hinners - chuck@crgfinancialconsulting.com

1. Actually methinks Comes at the end of the sentence. Hamlet III

2. The paid "protesters" know exactly what they are doing at $25/hr funded by George Soros

4. Actually physical therapist. I mess it up about every 18 months and take oxycodone which I keep in my golf bag in case it happens in the middle of a golf tournament.

5. People who don't return phone calls. Try not to be annoyed since it is letting someone live in your head rent free

7. Crosman 22 pellet gun on 5/12/52 for 5th birthday

10. Proof that my wife Susan is an optimist seen here going after Moby Dick with tartar sauce

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David Crotteau - slapshot28@charter.net

1] Given too much. They think they are all winners. Never had to serve.

3] Play more and sweat more.

4] All seniors have pain see #3

5] All the B.S. today in D.C. get off your dead ass and do something.

9] One of my better friends overseas was colored

Bob Schmidt - 2803chopper@gmail.com

Health tip - To bed at 9:00pm, up at 4:00am, work out for 1 1/2 hours, includes four mile power walk at 4mph, seven days a week. Bike about 10 miles in the

afternoon every other day. Work in an afternoon nap of about 15 minutes. Consume some apple cider vinegar three times a day. First beer with the right hand at 5:00.

Terry Stake - mrtbass7106@gmail.com

1. I am tired of hearing. We are all in this together

My son's girlfriend is black and I have black friends. I wish we would not call someone white or black. They are humans created by an awesome God.

I am annoyed of the coverage given to Mr Floyd a criminal. Yet we barely talk about a soldier killed defending our country or a police officer defending our cities.

My first gun like many boys was a daisy BB gun.

Lenore Haferman - lenorehaferman@yahoo.com

I do use a chiropractor and find it very helpful.

I was surprised that you said Guy's on # 7. My first gun was a 30 30 for deer hunting. Also a 22 or squirrel hunting.

Candy Caylor - klorkatz@att.net

1. Yes. It seems like the younger society gets the thinner their skin gets. And the term “politically correct “ is part of why. To paraphrase the old saying: some of the people some of the time, some of the people all of the time, but never all of the people all of the time. Compromise is not part of their vocabulary.

2. No real problem with the masks but then I wore them a lot in my work. People just need to enunciate clearly and a little more slowly.

4. Back pain and sciatica. I already had back surgery— just a clean out job, no hardware. I will just exercise and take anti inflammatories.

5. What’s annoying me is the continuous marching. I get it, I know, I agree but enough.

9. My first interactions came when I moved to Milwaukee. I had no preconceived notions as my parents never commented negatively on race or color. The first job I had after graduating from Alverno was near the inner city. I had black patients and coworkers. In fact one-of the nursing supervisors was black. One of the aides who worked with me in the ICU/CCU was black. Since the riots and Father Groppi had occurred just a couple of years before I moved, Addie would tell me how terrified she and her family were. They were lucky enough to stay with family who lived away from the protests. She couldn't understand why there was so much destruction and looting within their own neighborhoods.

Barbara Thalacker - bthalacker@comcast.net

#5 Two things. The first and most important: People who don't understand that all lives can't matter until Black Lives Matter. We can disagree on many things and still remain friends. Racism isn't one of them. Racism is so American that when you protest it, people think you are protesting America. Social Justice is a Christian tradition - not a liberal agenda.

I was asked, "you're willing to lose friends over politics?' I said, "I am willing to lose friends over morals. Huge difference."

Treat racism like Covid-19.

1. Assume you have it.

2. Listen to experts about it.

3. Don't spread it.

4. Be willing to change your life to end it.

And the second, though not quite as dangerous, thing. :

People who tell themselves the myth that the Covid-19 virus isn't dangerous. I heard one young person say that they shouldn't have to give up their freedom to go without masks, not go out where, then, and how, just because old people don't want to die. Where people stay quarantined where they can and go out only with masks,

the numbers of infected and dying decrease.

Patsy Barton, Class of 64 - patal@solarus.net

2) Yes they are hard to wear, especially the home made ones. Nearly impossible to understand some folks speaking behind them. I wear occasionally but if I was in a bigger city with more encounters with others I would purchase a much better mask that would be easier to breath in.

3 & 4) Each month I have a chiropractor appt. for adjustments and one massage to keep the muscles in shape. I also use 'BioFreeze' in a roll-on morning and night to painful areas.

6) Last week was the FIRST time since the virus started that I was able to buy my brand name toilet tissue at the grocery store on the shelf!

9) I left WR and worked in Atlanta at Georgia Pacific for 4 years. There I worked with many black folks who actually were from all over the USA.....most were great and friendships developed, a few were not so great and I avoided them. Al and I were invited to a co-workers' wedding and we and one other lady were the only whites there! Everyone was great to us. The bride enjoyed Al's teasing when he asked 'when do the polkas start?'.

Stay well classmates.....To the Class of 65.....next year your reunion will be just as much fun.....not so much worry.

Linda Edwards - ledwards6112@hotmail.com

For the last eight years I have worked with many blacks. My significant other, JD, has been an owner-operator with Allied Van Lines for 54 years. I've been with him in the truck for eight seasons...I'm done. I can't deal with the helpers we hire, who are almost always black. It's RARE to get through a day without "issues ". If we only have one helper, it's usually not as bad. If we have more than one, it's just about guaranteed we will have problems. I expect to get flack for writing this, but it's factual. They lie, they are arrogant, they grovel with the customers (Will you go get some lunch for me? or I sure hope you plan on a big tip for me, or the driver doesn't know what he's doing; if he let me do things my way we would have been done by now.) Just a few examples. No matter what you pay them, even though

you negotiate up front, it's never enough. We pay them riding time to and from the job plus gas money. Who else gets that??? They average $25/hour, cash! It's really opened my eyes. I know it's only a small segment of society, but it has really soured me.

Toni Weller Olsen - LHS '64 - tonicrafty@gmail.com

2. - Communicating while wearing a face mask - I don't like wearing a mask , but I do wear one in stores, malls, the post office. The cloth masks seem the most comfortable against the skin, and they're washable.

I'm in a knitting group, and we've recently met in a conference room of our church. About 6 of us sat six feet apart at a huge table, all wearing masks. Not an ideal situation, but we're all in the high-risk age group and trying to stay safe.

10. - Whatever else - I was beyond sad to read about Verso shuttering it's paper mills in Duluth and the Rapids. My father, two brothers, an uncle and a cousin worked for Consolidated before it was sold to Stora Enso, NuPage and finally Verso. Wisconsin Rapids now joins other cities and towns with shuttered factories.

On a positive note about heros during this pandemic, I want to add long haul truck drivers to the list. So much of our food here in Reno comes over the mountains from California, and I really appreciate the drivers who keep our grocery stores filled.

Bill Hartley '63 - toyguy5538@aol.com

1. I am so sick and tired of these so called protests. I think a few of them could actually sit down and articulate what exactly they want, instead they just keep crying generalities. If they want to effect change, they should clean up their act and run for office. Start at the local level and work your way up as you gain experience. That's the way it works here. On a related note, I hope the authorities hunt down each and every one who was looting and vandalizing during the riots, and we prosecute them to the fullest extent of the law.

2. I hate those masks. It's like living in a third world country being told you have to wear one. I don't like breathing in my own discharge and I'm not sure the masks do that much good anyway. There are several studies and expert opinions that are

all over the map on that one. As such, I will wear one when I absolutely have to, to protect others, but not otherwise. I just stay away from people as much as possible.

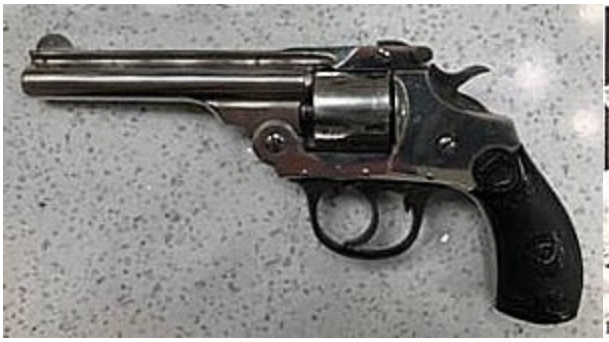
3. Health tips. Besides "don't eat the yellow snow," I don't have any. I try to eat smarter since I've been learning about diabetes, but I still struggle with the volume thing. We try to walk a couple miles every day, and stay active of mind and body. We have more aches and pains these days, but still walk good, and are able to live a normal life at 74.

4. So far, no back pain of any significance. I'll be interested in the responses to this one for future reference.

5. What's annoying me? How much time do you have???

6. Shortages - all one has to do is visit Target and see shortages throughout the grocery and cleaning departments. They have been the worst of the places we shop here in DFW. Kroger has sporadic shortages, but seem to restock much faster. The good news is I haven't seen any gas shortages, and I'm loving the lower prices.

7. I think my first gun was a single shot 20 gauge shotgun. I also had a sporterized M1 rifle that I took deer hunting when I was 18. Both came from Perry's Sport Shop, and are long gone. The oldest gun I have now is an Iver Johnson .32 caliber five shot nickel plated revolver. It's probably from the 1930s.



I've had that one since just after high school. I used to fire it at the range, but the cylinder is a bit loose and it shaves the bullet occasionally, so I don't fire it any more. I have several others that are newer technology and safer to use that I take to the range often.

8. Vacuums - I don't use either one. Once in a while, I use my small canister shop vac in a car, but that's about it.

9. I have interacted with black people almost all of my professional life. At least

since I left Wisconsin Rapids for the Army basic training in Kentucky in 1967. In the Army, several of my good friends were black, although it didn't make any difference that they were. They were just good people. I can't think of anyone better to have my back, either on a battlefield or in a bar. Fortunately, I never needed either.

Later, when I worked for GM many of my coworkers, friends, and team members were of other races. It never seemed to pose a problem. I remember feeling quite uneasy during my three years in Detroit. I was working downtown in the Cadillac office that was attached to the assembly line building, but no problems there either. It was just in a scary neighborhood and there was a lot of racial unrest at that time.

In the 70s, one black couple we were friends with were having a baby, and being new to the area, didn't have anyone to leave their two girls with. The girls stayed with us for a few days, and we had a great time. The biggest challenge Shirley had was learning to fix their hair in the morning for school.

Now, in my retirement gig, I have done joint fire inspections with several black people, and always have had positive experiences. I even sold one of my police cars to a black friend/co worker.

The Bottom Line: Why do we identify people by color anyway? There are mostly good people of every color and a few bad apples in every bushel. Why can't we just all get along?

Kent, I hope you and Judy all of our classmates and readers are safe and doing whatever you feel is necessary to stay that way. Ultimately, it is our own responsibility to take care of and protect ourselves.