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**From:** The Vasbys <kvasby@smallbytes.net>  
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# LINCOLN HIGH NEWSLETTER

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## **This week's topics:**

1. Still ride a bike?
2. Grandkids can be funny - Your example?
3. Goofy winter weather - what's happening in your neck of the woods?
4. Ever show something at a county/state fair?
5. Have you ever solved a mystery?
6. Has standing up for your beliefs ever got you in trouble?
7. Whatever else you'd care to write about.

## **and responses:**

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Chad Lewis - [chad.a.lewis@comcast.net](mailto:chad.a.lewis@comcast.net)

Goofy weather - 2.5 inches here N of Atlanta Fri overnight. Almost all melted by today, Mon. Still have a snow shovel but didn't need it.

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Lynn DeLong - [ledelong@cox.net](mailto:ledelong@cox.net)

1. Still ride a bike? We each have a Mountain Bike, but we have to make some repairs before we start riding again.
2. Grandkids can be funny - Your example? Our 6 year old grandson loves to play games and use to make his own rule. Now he knows the rules and his grandparents find it harder to win.
3. Goofy winter weather - what's happening in your neck of the woods? LA NIÑA ADVISORY -- La Niña conditions are present, with a transition to ENSO-neutral favored during January-March 2017. Want to learn more? Check <https://www.climate.gov/enso> and watch the videos at the bottom.
4. Ever show something at a county/state fair? No, but loved to go to the fairs.
5. Have you ever solved a mystery? With 28 years of legal and law enforcement experience, including Lifeguard, rescue team, Deputy Sheriff, Investigator, Special Agent, Senior Science Officer, Training Officer, Police Chief, Research

Program Evaluation Director, Crime Investigation Analysis Director, Special Operations Officer, Senior Management Analyst for law enforcement with Criminal Justice Coordinating Council, Safety and Systems Engineer, Police Commissioner, and researcher, instructor, grant writer, and consultant, there is too many to remember all of them, but I do have logs and copies of reports of those I worked while leo (law enforcement officer).

33 years of Registered Nursing experience with significant experience in behavioral health, neurology, trauma, detoxication, medical surgical, cardio-vascular intervention, cath lab, PACU, ICU, CCU, transplant, rehab, ortho-vascular; clinical and classroom instructor, clinical professor of medicine, Head Nurse, Assistant DON, Charge Nurse, Director of Research, Clinical Quality Systems Engineer, Quality Management and Education, Risk Manager, and Clinical Director of Bariatric Medicine. The investigation reports involving medical facilities, patients, and healthcare workers have been redacted and/or obfuscated.

6. Has standing up for your beliefs ever got you in trouble? I was ordered to break the Federal EMTALA Law to "dump" a patient from one hospital to another. I refused and was suspended with pay. It was day before the 2008 Olympics started. I filed a violation report with the state and federal governments before leaving. The hospital was fined for the violation and for their retaliation.

I was paid to watch the entire Olympics and prepare my appeals to the suspension and to acquire a new position. On the third step in the appeal process, I was ordered reinstated. When they called for me to go back to work, I did a Johnny Paycheck (YCTTJASI!). I had new jobs to take elsewhere for more money.

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Chris Gorski - [cwgorski@yahoo.com](mailto:cwgorski@yahoo.com)

1- Do I still ride a bike?

I sold my motocross bike in 1996, stopped racing and bought a brand new Harley Davidson

Sportster . Always wanted a Sportster ever since I was a young boy. I still ride it from April thru October. When my grand kids were in grade school. I would pick them up after school to give them a ride home, their friends thought that was so cool.

When my grandsons and I head out in our motor home for a motocross race, in addition to their race bikes I take our Pit bike for me to get around on. It is a lot more fun then a scooter or huveraround plus it looks a lot cooler. When I get old I'll probably get one those.

I also still ride a bicycle but it is not as much fun as my Harley. Kathy and I took our bicycles with us when we drove our motor home up to Sister Bay last summer. Too many hills between our campground and sister Bay and Ephraim. Plus, our butts got a lot sorer riding our bikes then when riding our Harley. So next time we go to Door County, we're taking the Harley with us instead of our bicycles.

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Roger Fritz - [fritzcat11@yahoo.com](mailto:fritzcat11@yahoo.com)

SW Virginia normal Jan temps should be in upper 20s. Went from 40 to 15 in two days. Also snowed 6 inches ...2 in of mush and 4 in of powder. Hand shoveled my 900 ft of driveway, 1/3 paved, 2/3 gravel, in two days... estimated 45 tons of snow/mush. High temps went from 15 to 24 to 36 and are estimated to be 48, 55 and 63 over next three days.

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Toni Weller Olsen - LHS '64 - [tonicrafty@gmail.com](mailto:tonicrafty@gmail.com)

3. Here in Reno, NV we've had flooding because of a big snow melt in the higher elevations. This caused the Truckee River, which runs right through Reno, to overflow its banks. Many creeks also run through the area, and some

neighborhoods were harder hit than others. Our neighborhood was spared, but it's hard knowing others were not. When you're faced with the possibility of evacuating your home, you start thinking about the few things you could take with you.

Reno only gets about 8 inches of rain per year, and we've already had 3 inches this month!

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Kathy Gotter - [gotterkd@yahoo.com](mailto:gotterkd@yahoo.com)

I ride a bike regularly in Florida but this year I have finally gone to a 3 wheeler (very reluctantly). Since my bypass surgery I have been stuck with a numb leg so I am not as stable as I once was. Go figure! Life goes on and I have to get to the pool in a timely manner without falling and making a fool of myself. Don't get his wish! Ha, ha...

The weather in Florida took a turn for the worse...cool temps but still no snow. We are the only state in continental USA with NO SNOW. I'm a winter hater and have always been even though I spent the first 44 years of my life in the north. Better to have a choice. :)

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### **Most of our generation of 60+ were HOME SCHOOLED in many ways .**

1. My mother taught me TO APPRECIATE A JOB WELL DONE.

"If you're going to kill each other, do it outside. I just finished cleaning."

2. My mother taught me RELIGION.

"You better pray that will come out of the carpet."

3. My father taught me about TIME TRAVEL.

"If you don't straighten up, I'm going to knock you into the middle of next week!"

4. My father taught me LOGIC.

" Because I said so, that's why ."

5. My mother taught me MORE LOGIC .

"If you fall out of that swing and break your neck, you're not going to the store with me."

6. My mother taught me FORESIGHT.

"Make sure you wear clean underwear, in case you're in an accident."

7. My father taught me IRONY.

"Keep crying, and I'll give you something to cry about."

8. My mother taught me about the science of OSMOSIS.

"Shut your mouth and eat your supper."

9. My mother taught me about CONTORTIONISM.

"Just you look at that dirt on the back of your neck!"

10. My mother taught me about STAMINA.

"You'll sit there until all that spinach is gone."

11. My mother taught me about WEATHER.

"This room of yours looks as if a tornado went through it."

12. My mother taught me about HYPOCRISY.

"If I told you once, I've told you a million times, don't exaggerate!"

13. My father taught me the CIRCLE OF LIFE.

"I brought you into this world, and I can take you out..."

14. My mother taught me about BEHAVIOR MODIFICATION .

"Stop acting like your father!"

15. My mother taught me about ENVY.

"There are millions of less fortunate children in this world who don't have wonderful parents like you do."

16. My mother taught me about ANTICIPATION.

"Just wait until we get home."

17. My mother taught me about RECEIVING.

"You are going to get it from your father when you get home!"

18 . My mother taught me MEDICAL SCIENCE.

"If you don't stop crossing your eyes, they are going to get stuck that way."

19. My mother taught me ESP.

"Put your sweater on; don't you think I know when you are cold?"

20. My father taught me HUMOR.

"When that lawn mower cuts off your toes, don't come running to me."

21. My mother taught me HOW TO BECOME AN ADULT.

"If you don't eat your vegetables, you'll never grow up."

22. My mother taught me GENETICS.

"You're just like your father."

23. My mother taught me about my ROOTS.

"Shut that door behind you. Do you think you were born in a barn?"

24. My mother taught me WISDOM.

"When you get to be my age, you'll understand.

25. My father taught me about JUSTICE .

"One day you'll have kids, and I hope they turn out just like you!"