From: Sent: To: Subject: The Vasbys [kvasby@smallbytes.net] Thursday, April 16, 2015 12:59 PM Undisclosed-Recipient:; Lincoln High Newsletter - 4/16/15

Lincoln High Newsletter

Address changes:

Sue (Christensen) Weimer - susanweimer2@gmail.com

Judy (Bowers) Stevens - jdsres363@gmail.com

This week's topics:

1. If you have diverticulosis/itis - how are you dealing with it?

2. Anything special hanging on the walls of your home?

3. Who is the most amazing person you have ever known?

4. Affairs in order? Things your late _____ should have done and did or didn't.

5. Your best and worst memories of Viet Nam

6. Any of you still living in a three story home? As opposed to a tri-level.

7. Ever felt that you had a new lease on life?

8. What have you done since high school graduation?

and responses:

Toni Weller Olsen - class of '64 - tonicrafty@gmail.com

Question 2 - I have a very special wedding photo of my grandparents taken on December 6, 1913. The picture is only 5 x 7. My grandfather is wearing high-button shoes, and my grandmother looks so beautiful in her fashionable wedding dress of that era. I got to know her while growing up, so the picture is like a link to the past.

Question 6 - About two years ago, we moved from Florida to Nevada. We had a one-story house in Florida and bought a one-story here. For my money, that's the only way to go after a "certain age" when the knees can get a bit stiff. It's nice to have everything you need on one floor.

Best memories of Vietnam: Water skiing in Vung Tau, until I saw snakes and lost my glasses. Most excellent weed. Hamburgers & hot dogs on China Beach, until some idiots had a few too many. Hot chicken dinner & mini bottle of brandy brought to us by boat after being stuck on my Mike boat for 2 days without food or water in seas too rough to land. Worst memories: Everything else over 6 years.

Lynn DeLong - ledelong@cox.net

If you have diverticulosis/itis - how are you dealing with it?

I do not have it yet but half of the people over 60 do. The following are some of the references I used when I was teaching student and working with patients. The first three are broad sources and are very current. The last two are specific to Gastrointestinal and Digestive Disorders.

<u>www.medicinenet.com</u> MedicineNet is an online, healthcare media publishing company. We provide easy-to-read, indepth, authoritative medical information for consumers via its robust, user-friendly, interactive website.

<u>www.webmd.com</u> General site associated with Medscape Reference, eMedicine, RxList, Medscape, MedicineNet, BootsWebMD, WebMD Corporate, WebMD Health Services, First Aid, WebMD Magazine, WebMD, Health Record, WebMD Mobile Newsletters, Dictionary, Physician Directory

www.nlm.nih.gov National Library of Medicine - National Institutes of Health

<u>http://www.iffgd.org/site/gi-disorders/other/diverticulosis/difference</u> International Foundation for Functional Gastrointestinal Disorders, Inc. (IFFGD) Join now and get newsletter <u>http://www.iffgd.org/site/get-involved/membership/</u>

http://www.dha.org Digestive Health Alliance (DHA)

2. Anything special hanging on the walls of your home? 3. Who is the most amazing person you have ever known?

I have an autographed picture of polar explorer and preservationist Will Steger and another of his lead dogs. He is the most amazing person I know. <u>http://www.nationalgeographic.com/explorers/bios/will-steger/</u> stegerwildernesscenter.org <u>www.willstegerfoundation.org/</u>

Gene Santoski - k9utq@solarus.net

Here's a BONUS attachment for an upcoming LHS Newsletter! Sure brings back lots of fond memories of growing up in the "best decade" of my life

I even wore a Civil War cap and a Davy Crockett hat back in the day!!! Note the gas prices in the service station photo!!!

ENJOY - <u>http://safeshare.tv/w/FEDEwZHZXu</u>

Proofreading is a dying art, wouldn't you say?

Man Kills Self Before Shooting Wife and Daughter

This one I caught in the SGV Tribune the other day and called the Editorial Room and asked who wrote this. It took two or three readings before the editor realized that what he was reading was impossible!!! They put in a correction the next day.

I just couldn't help but send this along. Too funny.

Something Went Wrong in Jet Crash, Expert Says Really? Ya think?

Police Begin Campaign to Run Down Jaywalkers

Now that's taking things a bit far!

Panda Mating Fails; Veterinarian Takes Over

What a guy!

Miners Refuse to Work after Death

No-good-for-nothing' lazy so-and-so's!

Juvenile Court to Try Shooting Defendant

See if that works any better than a fair trial!

War Dims Hope for Peace I can see where it might have that effect!

If Strike Isn't Settled Quickly, It May Last Awhile Ya think?!

Cold Wave Linked to Temperatures

Who would have thought!

Red Tape Holds Up New Bridges

You mean there's something stronger than duct tape?

Man Struck By Lightning: Faces Battery

Charge

He probably IS the battery charge!

New Study of Obesity Looks for Larger Test Group

Weren't they fat enough?!

Astronaut Takes Blame for Gas in Spacecraft

That's what he gets for eating those beans!

Local High School Dropouts Cut in Half

Chainsaw Massacre all over again!

Hospitals are Sued by 7 Foot Doctors

Boy, are they tall!

And the winner is... Typhoon Rips Through Cemetery; Hundreds Dead

David Engel

From: Sent: To: Subject: The Vasbys [kvasby@smallbytes.net] Wednesday, April 08, 2015 12:45 PM Undisclosed-Recipient:; Keith Wayne Overturf - LHS Class of 64 - passed away



Keith Wayne Overturf - LHS Class of 64 - passed away

September 15, 1946 - April 4, 2015

Keith Wayne Overturf, 68, went home to be with Jesus on April 4, 2015 after a long battle with Frontal Lobe Dementia. Keith was born Sept. 15, 1946, in Wisconsin Rapids, the son of the late Kenneth and Faye (Byers) Overturf. He attended school in Wisconsin Rapids, before moving to Janesville in 1963. Keith served in the United States Army from 1965-1967 and was stationed in Germany. He married Marge (Emerson) Overturf Aug. 30, 1969, in Janesville. Keith worked at General Motors for 43 ½ years in the materials department up until the plant closing. Keith's life passion was serving the church. He was a lifelong member of New Life Assembly of God and served in many ministry capacities: choir, praise team, special musical ensembles, church deacon and board member, board treasurer, Sunday school teacher, Sunday School Superintendent, Restore, jail ministry, and a successful email ministry which spanned the globe. He also served on the board and was involved with Love INC. Keith was an avid bicyclist and enjoyed riding the trails. Keith also enjoyed igniting fireworks with his son, Kirk, and daughter, Courtney, at Freedom Fest and other area shows. Keith was a devoted husband and father who served God faithfully all of his life. He touched many lives with his testimony of the love and grace of Jesus.

Keith is survived by his wife of 46 years, Marge; sons, Kirk (Gretchen) and Steve (Natalie) Overturf; daughters, Courtney (Marcus) Juhl and Carly Emerson; siblings: Kay (Rich) Vande loo (Class of 65) - <u>rkvdl@charter.net</u>, Karen (Don) Gass, Kent Overturf, Kurt (Julie) Overturf, and Kim (Bob) Hill; as well as nieces and nephews. He adored his grandchildren: Kaeden, Garren, Logan, Lindsey, Abram, Ella Grace, Benjamin and Alayna. Keith also shared his life with numerous special friends that were like family to him.

The family wishes to thank the doctors, nurses, and staff at Stoughton Hospital-Geriatrics, especially Lily.

In lieu of flowers, memorials may be made to New Life Assembly of God or the Alzheimer's Association.

A Visitation will be held from 9 until 11 a.m. Friday, April 10, 2015, at NEW LIFE ASSEMBLY OF GOD, 2416 North Wright Road, Janesville. Funeral Services to celebrate Keith's life will follow at 11 a.m. Friday at NEW LIFE ASSEMBLY OF GOD with his son, Rev. Steven Overturf and Rev. Michael Jackson officiating. Committal services and military rites by Kienow-Hilt V.F.W. Post #1621 will be at 2 p.m. Friday at Milton Lawns Memorial Park. The Overturf family is being assisted by HENKE-CLARSON FUNERAL HOME.