David Engel

From: The Vasbys [kvasby@smallbytes.net]
Sent: Thursday, December 12, 2013 4:24 PM

To: Undisclosed-Recipient:;

Subject: Lincoln High Newsletter - 12/12/13



New reader:

Merry Ruminski Stewart (class of `64) - JimBobStew@aol.com

A big thank-you to all that wrote this week.

It makes the newsletter.

Kent

We dodged the bullet this week as far as ice is concerned in far northeast Oklahoma. 5 inches of snow is not much but since the counties are not the best equiped it means nesting for a few days. I flew to Wisconsin on Nov. 25th. Left the house at 3:15 am with the neighbor who works at American Airlines. It takes an hour to the airport. Roads closed due to ice less than an hour later. Flew Southwest to St. Louis; stayed on plane and got to Milwaukee in less than 3 hours from Tulsa. Great flight but guess what?!? Snow and a mess so I took a cab to my son's TV station so no one would have to brave the weather. Accidents up and down interstate 43. Couldn't wait to get back to the 60's and 70's in Oklahoma.....for 2 days and then the arctic blast. I really am meant for Florida. How did everyone else survive thefront?

Keep Smiling!!!! - Kathy Gotter - gotterkd@yahoo.com

Jim Natwick - iinatwick@gmail.com

Kent here you go... and thanks we knew you need a break.

Response to Chris Gorski's questions in last week's newsletter.

Chris, I agree with some of your comments, However, consider this:

- 1. You have been taxed for your entire working career for 2 benefits you now enjoy—Social security and "free" medicare, neither of which is a constitutional right.
- 2. As a medicare recipient, you do NOT have to purchase a health insurance policy, so you are not being penalized.
- 3. Right now you (anyone with health insurance) are being taxed heavily by insurance companies (with increased premiums), and by local and state governments to pay for all the health care of uninsured people (or like Badger care) for emergency room visits that people without health care use. (see Chap 49 of the Wis. Statutes requiring your county to pay for emergency room care for indigents).

- 4. It is a fine, not a tax just like a speeding ticket.
- 5. Do you see any insurance companies opting out? They will make \$\$.
- 6. I have decided that I am for a comprehensive universal one payer system. Then you will not have to buy supplemental ins. Or part B,C,D etc. The Docs might not like it, but the gov't can pay for their med school in exchange for only making \$100,000/yr right out of school instead of \$250,000. Then no med school debts. Also, as a soon to be retiree, I—WE—will not have to budget \$250,000.00 for our medical needs in the future, as the pundits say. I can keep most of my money.
- 7. The bottom line is: we as taxpayers ARE NOW paying for the health care everyone without insurance is using. As a final note, Do you notice all of the brand new –state of the art- hospitals and clinics going up around the state? Medical care is the only service of product you buy THAT YOU HAVE NO IDEA WHAT IT IS GOING TO COST GOING IN. At least when you buy a car, you can dicker. Try doing that with a hospital during your emergency surgery.

This week's topics:

- 1. Let's talk about the weather what's it like in your neck of the woods?
 - 2. What you've done since leaving Lincoln High!
- 3. Remembering winter in the Rapids skating, sledding, snowball fights, snow forts, etc. and responses:

Nancy Whitlock - thenanc@aol.com

I was just remembering back 60 some years when the postal system was so backed up that the National Guard would help deliver packages and waiting for the basket of fruit that my grandparents always sent at Christmas time.

Grabbing onto bumpers of cars that would slowly drive by. Of course I never did that, Just my older brothers would.

Pulling our sleds to the back hills of Howe school. Are they even there any more?

Leslie J Fitz - Ifitz@sirmc.net

K – If I'd just respond to the newsletter ASAP instead of putting it off, I'd do better. First, I so enjoy the newsletter! I like reading about what everyone is doing and what everyone thinks. Thank you for your commitment to it.

My husband always says, "I went to Nam a Democrat and came home a Republican." Being the social worker type, it took me longer to become conservative, but here I am!

Our son-in-law has a small business with 28 employees. The insurance company cancelled the current policy and offered another with the same benefits and 3 times the cost. He had no choice but to cancel their health insurance coverage, increase their salaries according to what it was costing him for the current benefits and pay the fine (tax!)

This is our first Christmas with 5 grandchildren – 3 who came and were adopted from Ethiopia last July. Now we have 2 white-blonde 'grands' and 3 very dark "grands" which makes for an interesting Christmas letter/picture and life! They're picking up English very quickly and thriving. All bring us such joy!

Merry Christmas!

Don Solie - dg.solie@hotmail.com

The weather in Dallas/Ft. Worth has been miserable since last Thursday. We received 2 to 4 inches of ICE and no one can prepare to navigate on ice. As of today, 12/10, our neighbors are finally out and about but excersing the greatest degree of caution. My driveway is till 75% ice but I finally cleared a path to get one vehicle out to the street. Have to get more groceries. Our street is perfectly clear, but most of the driveways are graded rather steeply so yesterday and today produced the first signs of the living! And the retailers have experienced a major set back, but they hope that it's temporary and the shoppers will simply use the remaining days before Christmas to complete the shopping they had planned. And just think I played golf Wednesday 12/4, and it was 80 degrees! The golf was good too!

Man, we took a whipping last night from da Bears. Of course Jerry is still trying to sell tickets with his comments on getting more aggressive on defense. Problem is he doesn't have the players and as long as Jerry remains the Emperor we'll be 8 and 8 or worse.

That reminds me of another "Emperor", The Obamateur and his train wreck for healthcare. I saw a short coverage of the Florida Congressman who said Republicans answer for healthcare is for you to die quickly. Well it's apparent the incompetent and lying Obamateur and his leftist, marxist supporters have finally defined their plan......die painfully with no doctor, no keeping your insurance plan, and no prescription drugs!

As for winter in The Rapids I do recall skating at Witter Field, lots of snowball fights at Howe School, and grabbing hold of auto bumpers while the vehicles were stopped so that we could "hitch" a short ride until we encountered a dry spot that would result in a sometimes painful and abrupt stop for the ride. And for those who remember, "parking" as we referred to it, was complicated with steaming up the windows of the car, having to at least occasionally enable the heater (body heat alone didn't work in below zero temps), and worrying that both parties could be overcome with CO2 from the exhaust produced because we often left the engine running. Had to have the radio!

If my memory is correct the late fall and winter brought about the proverbial "hay rides" with much time spent walking after hurling someone from the wagon or being the someone hurled. Fun times and great memories.

Hope the participation rate improves for this newsletter. Any level of participation is better than simply reading and not joining in regardless of what one submits. Hell, I receive more encouragement than discouragement to my ramblings, at least it's stimulation.

Kathy Gotter - gotterkd@yahoo.com

Class of 64 --- remember July 25 & 26, 2014 for a trip down memory lane and renewal of old friendships.

Jealous of those of you who are in one of the few warm areas of the country. Why am I not in Florida???? Oklahoma is acting like Wisconsin. School has been out since last Thursday afternoon....icey roads and snow and no way to clean them up!!!

Marcie [Basler] Ortscheid '65 - marcie.ortscheid@ki.com

What have I done since high school....got married then got divorced, had two wonderful sons and now have two REALLY great grandsons and a very special daughter in law. Have made some big mistakes and won a few rounds with life. Now as I get older I get on my hands and knees every day and thank the Lord for giving me my health, my family and a second chance to right some of the wrongs I have made along this road called life. It's been a trip......

Barbara Thalacker - bthalacker@comcast.net

1. It is setting records for cold in Sacramento. I escaped Wisconsin and sought the sun.

2. Since high school got BS from Valparaiso U., MS from Ariz. State U., Doctorate in Educ. from Northern Ariz. - Taught in Az. and Scottsdale.

Worked on race and gender equity in Kansas and CA., directed Sacramento YWCA for 7 years, retired after 20 years from State of CA Dept. Of Education where I was Administrator of Special Ed. And then State Ed. Technology Director. I loved public service and really discovered that government workers were dedicated, hard working and really cared about the people they served.

I look forward to the 50th reunion. How did time pass so quickly? Thanks for keeping the connection alive. Best thing about winter in Wisconsin. .. My dad spinning donuts on Lake NEPCO after Sunday church with Mom and all 5 of us kids in the car shreeking. We loved it.

Judy (Ehlert) Brown - jbshells47@gmail.com

My weather????? Naples, Florida - 80's during the day and 60's at night. It is why I live in paradise!!!!! You can have the cold.

I can remember many nights spent at Witter field at the ice skating rink. Usually went with Linda Herzberg. Her mom would drive us there when we were younger because she could park right there and watch us skate. When we got old enough (not sure what age that was) we were allowed to walk. It didn't matter how cold it was outside because we could go in the "warming house" where I remember it being toasty warm from a wood burning stove. There was the usual group of kids that hung out there and it was always fun. Also remember the tobaggon slide at Nepco lake, skiing at Arneson Hill (not the jump tho...) and Powers Bluff and tubing at The Ridges. Winter was fun in my younger years but these old bones won't take the cold anymore!

And I don't need a "white Christmas". The sandy white beaches and Christmas lights in palm trees suits me fine! It is nice going to Christmas Eve church service outside under the decorated palms with the balmy breezes.

Lenore Haferman - Ihaferman@sbcglobal.net

The ice skating rink was the place to go on winter nights. It did not seem to bother us that most of us had to walk there and back in the cold. You knew that may be a boy liked you when he kept knocking you down. The warming house was not very warm but it helped. I remember an older man kept all of in order.

Barb Cammack - barbaracammack@hotmail.com

I do remember a Christmas Day about 25 yrs ago when my two brothers, husband, children and in laws went cross-country skiing at a Rapids golf course while wonderful snow came down in just the perfect amount so that we looked like the perfect Christmas act. The temps were right, the snow cover under our skis was sufficient and we so enjoyed the afternoon. Today we are enjoying the 85 degree warmth of central Florida. The golf course was fun this afternoon, with a bit of cloud cover, and our "old bones" appreciated all of it.

Jim Nickel (LHS65) - <u>inickel206@aol.com</u>

The past week has been a challenge up in Hayward. Below zero daytime highs and -20 degrees overnight. I am still waiting for that global warming they were trying to sell us. The roads are ice-covered because we had freezing rain last Tuesday. Then at least a foot of snow. The trees are beautiful, all coated with snow. Like a scene from Alaska. A good time to have lots of wood for the log stove and propane for the furnace.

The folks up here are ready for this. We had over 70 people from many miles away come to a Christmas dinner last night, even though it was -10.

Lynn Delong - ledelong@cox.net

Why I Live in AZ or Why I am not in Wisconsin or MN now

Please view 5 minutes why you should be in AZ - Video captures Hwy 41/45 pileup http://m.wisn.com/news/RAW-Video-captures-Hwy-41-45-pileup/-/17431300/23398364/-/o70w8/-/index.html

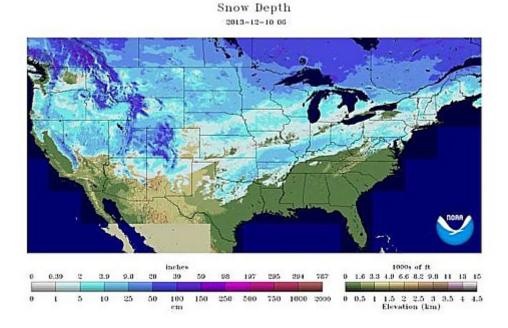
Don Wylie - dwylie@chorus.net

A nice winter storm hit the east coast this week. Schools and most of the federal government offices in Washington DC were closed Monday and Tuesday. The amount of snow was modest in Washington DC, 2-5", but they haven't had a good storm in 2 years so this one is enough mess them up.

Up to 12" fell in Newark and Philadelphia; There's also a report of 1,650 flights being canceled nation wide on Monday.

Is anybody trying to fly somewhere this week?

Attached is a current map of the snow cover across the country. Most of the country is white. The blue streak up the Ohio River came from a storm last Friday. The Rocky Mtns. also got their snows earlier too.



Karen (Goetzke) King - yayaec@ymail.com

Sure it's cold here and the older I get the less I enjoy that, but I do remember living in Fairbanks, AK where when it was fifty below you didn't have to send your kids to school and when it was that cold folks used to start fires under their cars to warm up the oil pan. Lots of times the cars started on fire but one time it was a Saab and there was a headline in the paper that read: "It's just one Saab story after another". I also remember living here in Eau Claire in the seventies and starting my car every two hours overnight so I would not be late for work in the morning. So I have to remind myself as I whine walking the dogs early and late that it's really not that bad.

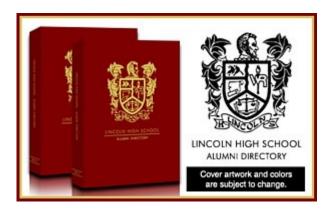
On another note, my husband and I spent the afternoon with **Gary Flaminio** today (Wednesday) and his outlook is "bleak." His word, not mine. He really needs encouragement and social interaction, so if anyone can visit or send a card

or a note with a cheerful tone or an old story that would make him laugh, I think it could only help. He is in a small room with a television and seldom gets out of bed. It looks like he will not leave that facility and instead will be moved to a long term care unit from the rehab unit where he is now. He just does not see any hope for his future nor is he motivated to get well, but maybe the support of old friends can get him through. I know Kent posted his address, but here it is again until his room number changes:

Mount View Care Center 2400 Marshall Street Room 1106 Wausau, WI 54403

Jim Natwick jnatwick@solarus.net wants to know:

If anyone else has received an email from Alumni Research http://www.alumniresearch.com/ claiming to be creating a LHS Directory?



and asking you to pay \$65 for the finished product?

Evelyn (Hill) Shrednik evelynshrednik@msn.com sends this:



Bill Clinton started jogging near his home in Chappaqua.

But on each run he happened to jog past a hooker standing on the same street corner, day after day.

With some apprehension he would brace himself as he approached her for what was most certainly to follow.

"Fifty dollars!" she would cry out from the curb.
"No, Five dollars!" fired back Clinton.
This ritual between Bill and the hooker continued for days.
He'd run by and she'd yell, "Fifty dollars!"
And he'd yell back, "Five dollars!"

One day however, Hillary decided that she wanted to accompany her husband on his jog!

As the jogging couple neared the problematic street corner, Bill realized the "pro" would bark her \$50 offer and Hillary would wonder what he's really been doing on all his past outings.

He realized he should have a darn good explanation for the Secretary of State.

As they jogged into the turn that would take them past the corner, Bill became even more apprehensive than usual.

Sure enough, there was the hooker!

Bill tried to avoid the prostitute's eyes as she watched the pair jog past.

Then, from the sidewalk, the hooker yelled..."See what you get for five bucks!?"

I don't care who you are - this is funny!

David Engel

From: The Vasbys [kvasby@smallbytes.net]
Sent: Friday, November 01, 2013 11:56 AM

To: Undisclosed-Recipient:;

Subject: LHS Newsletter Addendum - 11/1/13

Pete Smullen - pete smullen@hotmail.com writes:

I forgot to send this in on time. Did you know that the Mead Hotel (Inn?) is considered haunted. I certainly didn't. Check here for the story: http://www.hauntedhouses.com/states/wi/hotel mead.htm

Lynn DeLong ledelong@cox.net writes:

What a month this October has been.

I started by pulling out our own electrocardiogram (EKG / ECG) unit from our Advance Cardiac Life Support Kit. The EKGs showed predominantly normal cardiac sinus rhythms on Monday at home, at my Internists on Tuesday and at my cardiologist on Wednesday. A 24 hours Holter Monitor from my cardiovascular interventionists' lab supported the same findings with a six minute run of monomorphic bigeminy. After a solid week of extremely good medical workup, we had documented no major negavitive findings and I was ready to accept a clear diagnosis of no cardiac pathology.

But a 20 minute period on the next Monday, October 7th, would change my cardiac history. With the sudden onset of acute diaphoresis, severe chest tightening, and substernal pain, I activated the Rapid Response System and directed my own code calling for nitroglycerin and morphine sulphate and began EKG monitoring.

After no relief in 15 minutes, the second round of meds went aboard, the mobile ACLS Unit arrived and took me off to at Banner Heart Hospital. It has been recognized for the fourth time with the honor of being named one of the year's 50 Top Cardiovascular Hospitals. This is the site that I had done my Cardiovascular fellowship. I had put together my choice high quality practioners.

Lab tests at the hospital showed that I was having an acute myocardial infarction. My team continued to manage my symptoms and prepared me to go to Cath Lab. The angiogram showed my heart was well plugged and that there was not much room for my Chief Interventionist to place stents and that a triple bypass surgery was indicated. Unfortunately, before the surgery, I had to battle Klebsela pneumoniae and Staphylococcus aureus to keep these organisms from getting an opportunity to infect my heart with endocarditis.

Following rapid resolution of the infection, I had the triple bypass surgery on Tuesday, October 15th. Recovery is now going well.

Thank you to my team, family and friends.