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**From:** The Vasbys <kvasby@smallbytes.net>  
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## LINCOLN HIGH NEWSLETTER

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### This week's topics:

1. Memories of catching night-crawlers. Did you sell them?
2. When did your ancestors come to America?
3. Were you ever in law enforcement and what do you think of the current situation.
  4. Did you ever join a fan club?
  5. Your thoughts about: "It's not the heat, it's the humidity."
  6. Ever been in a real swamp?
7. Ever work in healthcare? Your thoughts about then and now.
  8. Ever go to the submarine races?
  9. Are you as sick of watching the news as I am?
  10. Whatever else you'd care to write about.

### and responses:

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Don Wylie - [donwylie2@gmail.com](mailto:donwylie2@gmail.com)

#4 When did my ancestors come to America? All of my grandparents were immigrants. They came around the turn of the 20th century from Poland and Norway and both met their spouses in Chicago.

Both of my parents learned foreign languages as their first language and picked up english in gradeschool. We think one grandpa never spoke english because Chicago had ethnic neighborhoods where everyone (including police, bus drivers, etc.) spoke the local ethnic language. I asked both of them to teach me their languages but my grandparents were all dead and my parents didn't share the same language, so they didn't try to pass any of it on.

My sisters and I keep in contact with some Norwegian 2nd cousins which is fun.

#5. Its not the heat its the humidity - this saying has a scientific basis since we depend on the evaporation of sweat to cool our bodies and cooling is more difficult when the humidity is high. There's also an odd factor - humid air is lighter than dry air even though it feels heavier.

The heavy feeling comes from the reduction in cooling of sweat, and the lower evaporation in our lungs on humid days. In the air, water vapor is lighter because it has only one big atom,

oxygen with two extremely small hydrogen atoms, whereas the nitrogen and free oxygen molecules both are made of two heavy atoms. Over lakes and oceans, the evaporation of water produces buoyant plumes rising from the surface. This happens in both summer and winter, but they are only visible to our eyes in cold seasons when some of the water condenses back into small cloud particles we call "steam", or "steaming lakes"...

#7 Healthcare - I don't directly work in it but am part of it as a Ski Patroller and now "an old guy". Our legal system and high frequency of law suits have both improved healthcare and made the system paranoid. There are strict bounds of what healthcare workers are allowed to do and also required to do for their level of education and licensing. Ski Patrollers are not licensed by any state but receive emergency medical training similar to the lowest level of ambulance attendants (EMT's). The paranoia leads patrollers to have unwritten policies like confiscating (turning in) rental skies for any child (under 18) that reports an injury. We also recommend "further medical attention" and seldom say "you're ok." As a medical patient I've also read radiologist reports that spent most of a page describing many imperfections of my heart, lungs and bones while my understanding doctor said, the only important part is that last sentence "all arteries are clear". Radiologists (and pathologist) can't miss a blemish and report all of them whether they are problem or not. The "ok" has to come from a healthcare worker with malpractice insurance.

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Chad Lewis - [chad.a.lewis@comcast.net](mailto:chad.a.lewis@comcast.net)

John Lewis landed in Charlestown (there was no Boston then), Mass. Bay Colony, in 1634, having sailed from England. My 2nd great grandfather, Jonas Lewis, settled near Rural, WI in 1856. The Danes (Hansens (1862), Petersons (1896) and Rasmussens (1904) all came to the Waupaca area from Denmark.

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Chuck Hinners -

Kent, This qualifies as a 10.

Susan and I are at a golf tournament in Latrobe Pennsylvania.  
The tournament is being contested by 96 players age 55+ playing in three divisions:  
55-64: 65-74; and 75+

The tournament is played over 54 holes, Tues-Thurs.  
Today (Monday) was our practice round.  
We were on the 17th hole and I had just hit my second shot to the green.  
Saw a cart pull up to the right of the green.  
Nothing unusual there except Arnold Palmer was driving.

All four of us got to shake his hand and talk to him.  
Eighty seven and sharp as a tack.  
He owns the course where he played as a kid and his father served as golf pro and greenskeeper. He lives in his home across the street from the club.

Oh, and I made my putt for the birdie; my small tribute to the King of Golf

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Karen King - [yayaec@ymail.com](mailto:yayaec@ymail.com)

So we didn't catch not night-crawlers, but we did chase fireflies although we called them lightning bugs. We saw them all the time when I was a kid and when my kids were small, we'd walk a ways down the road to a low, wet area, which is

what we called the swamp, where we could see them. I never let them bring jars for capture but sometimes they'd try to cup one and then instantly set it free. When the earthmovers invaded and turned the swamp into a subdivision they disappeared with all the other wildlife, but just this season, I've been delighted to spot a few glows in our field back beyond the backyard. They are not in numbers as I remember, but it pleases me to know that maybe, just maybe, by leaving the field untouched, the fireflies will grow in number as have the bees and the butterflies.

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Toni Weller Olsen - LHS '64 - [tonicrafty@gmail.com](mailto:tonicrafty@gmail.com)

5. My husband and I lived in Tallahassee, Florida for many years. The humidity is very high there. After moving to Nevada 3 1/2 years ago, I think there is some truth to the "heat vs. humidity" argument. Our high in Reno today was 103. It seemed more bearable to me than the steamy heat of Florida. A person does need to drink a lot of water, however, if you're out and about in this heat. Otherwise you end up feeling kind of dry all over.

I love this newsletter and appreciate the work you do, Kent, to keep it going.

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Roger Fritz - [fritzcat11@yahoo.com](mailto:fritzcat11@yahoo.com)

Night Crawlers: I hung around with Jim Justeson and some time in our early grade school days, his older brother, Gary, was selling worms. After big rainstorms, we would take old car inner tubes, cut in four pieces and use them like knee guards to keep ourselves semi dry while crawling around in the dark on our knees. You had to be quick. Once they saw the light from the flashlight or lantern, the worms would scoot away.

Ancestors: My great, great grandfather, and family came to US in 1867. Adam and Emma Fritz had five sons and decided to come to keep his sons out of the military. The Fritz farm in Boscobel is still owned by my cousin (?) Stanley.

Heat / Humidity: My experiences in Arizona, Saudi Arabia, now SW Virginia taught me that when heat is above 100, a breeze changes from a good to a bad thing, adding heat instead of taking it away. Low humidity, evaporating perspiration only helps a bit. (Getting out of the Sun's radiant heat is also a big factor in keeping cool.)

News: Am now reading "Hamilton" Seems many of the issues we are facing today were the same back in the George Washington administration. - Washington-Hamilton-Adams (Federalists) vs Jefferson- Madison (Republicans).

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Jack Sultze - [jsultze@verizon.net](mailto:jsultze@verizon.net)

Night-crawlers: Larry Snyder had a device, two long rods connected to a hand-cranked generator. I think the concept was to shove the rods into the ground a few feet apart, crank the generator and that would somehow make the worms come to the surface. But what we did with it was take turns holding the rods in two hands while the other cranked the generator to see how long before the other would drop the rods.

Heat/Humidity: It has been hot in California, about normal for the time of year, and recently about the same temps as being experienced in the mid-west. I guarantee that our less-humid conditions are vastly less uncomfortable.

Sick of watching the news? Not a chance. The best reality shows on TV.

Saw the movie "Hillary's America" on it's opening day. Every American should see it.

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Evelyn Hill Shrednik - LHS Class of 65 - [evelynshrednik@msn.com](mailto:evelynshrednik@msn.com)

The newsletter seems to be doing quite well with responses and I think I have a couple of semi interesting contributions to make.

1. We lived near a big floating bog when we lived on Witter St at least that is what I was told to stay away from it. Well Sue Exner and I used to fish in the river and we would use worms and night crawlers for bait that we dug or just picked from the wet spots. We would bring the fish to Sue's mom and she would bury them in the flower bed for fertilizer. That was a really fun summer.

2. My dad used to tell me my ancestor was a stowaway on the Mayflower but I don't think he had any proof of it. It probably was just a fib. Our heritage has been traced for membership in the DAR. Both sides of my immediate family can be traced back to the Revolutionary War. It doesn't make us any more American than the next guy.

And finally I am so distraught by all the violence and political antics going on in this country of ours that we rarely watch the news.

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Marcie [ Basler] Ortscheid '65 - [marcie.ortscheid@ki.com](mailto:marcie.ortscheid@ki.com)

My dad came to the US from Switzerland when he was 20 and went on to live In Chicago where he had family on his mother's side. He was a blacksmith in Switzerland so when he came here he worked in his uncles shop and went to school to become a welder. He passed away when I was 15 so I never really talked to him about growing up in Switzerland as I was in that age of not really caring where you parents came from or what they went he went through to come here. When I got into travel I wanted to find our dads side of the family , so my two older sisters and brother flew over to find our dad's side. We were so lucky to find our 1st cousin and her family and my dad's younger sister, our grandmother had passed away about 10 years prior so did not get to meet her. Our Swiss side of the family have been here and we have been there many times. Switzerland is very expensive so am glad we have family to stay with when we get there. When my 1st cousins daughter came over the first time they stopped in NYC and bought tons of stuff because it was so CHEAP, we all just shook our heads and said that's not cheap compared to Wisconsin Rapids or Green bay. My youngest son Jeff wanted to ski the Alps so over we went and he and my 1st cousin Ralf went skiing and I window shopped with my cousin, and we always bring back tons of chocolate.

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Lynn DeLong - [ledelong@cox.net](mailto:ledelong@cox.net)

3. Were you ever in law enforcement and what do you think of the current situation.

I have over 28 years of legal and law enforcement experience. Most of that time, I have been a self defense and firearms Instructor. The current situation is difficult to generalize. Each incident needs to be analyzed and responded to with care and justification. In my risk management practice, I use Forensic Investigations, Safety Design, Failure Mode and Effects Analysis and Fault Tree Analysis, Root Cause Analysis, and Failure Prevention. We want loss prevention, assessment, planning, and training, including target hardening, personnel and client protection, self-defense, non-lethal intervention, firearms training, chemical agents, less lethal and diversionary means of preventing violence and minimizing injuries.

How to Reduce Police Violence - Doubts cast on police implicit bias training

[http://www.scientificamerican.com/article/how-to-reduce-police-violence/?WT.mc\\_id=SA\\_SP\\_20160725](http://www.scientificamerican.com/article/how-to-reduce-police-violence/?WT.mc_id=SA_SP_20160725)

Why Cops Lose Control

<http://www.scientificamerican.com/article/why-cops-lose-control1/>

The Science of Gun Violence and Gun Control in the U.S.

<http://www.scientificamerican.com/report/the-science-of-gun-violence-and-gun-control-in-the-u-s/>

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Gene Hafermann - [genehafermann@charter.net](mailto:genehafermann@charter.net)

1. My goal for 2016 was to lose just 10 pounds ... only 15 to go ...
2. Ate salad for dinner ... Mostly croutons & tomatoes ... Really just one big, round crouton covered with tomato sauce ...  
And cheese... FINE, it was a pizza... I ate a pizza
3. How to prepare Tofu:
  - a. Throw it in the trash.
  - b. Grill some Meat.
4. I just did a week's worth of cardio after walking into a spider web ...
5. I don't mean to brag but... I finished my 14-day diet food in 3 hours and 20 minutes ...
6. A recent study has found women who carry a little extra weight live longer than men who mention it ...
7. Kids today don't know how easy they have it... when I was young, I had to walk 9 feet through shag carpet to change the TV channel...
8. Senility has been a smooth transition for me...
9. Remember back when we were kids and every time it was below zero out they closed school? Me neither.
10. I may not be that funny or athletic or good looking or smart or talented ... I forgot where I was going with this ...
11. I love being over 60 ... I learn something new every day ... and forget 5 others ...
12. A thief broke into my house last night ... He started searching for money ... so I woke up and searched with him...
13. My dentist told me I need a Crown ... I said, "You bet, pour mine over rocks" ...
14. I think I'll just put an "Out of Order" sticker on my forehead and call it a day ...